

metro

NEW YORK CITY NO. 1 FREE DAILY NEWS
Wednesday, March 28, 2018 metro.us | t: MetroNewYork

CRYSTAL (BASE)BALL

Predicting the 2018 MLB season. 26

Project Petal empowers urban youth. 4

Hook-ups in a post-Craigslist world. 20

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FOOD HALL FRENZY

Urbanspace 570 opens today in the General Electric building, bringing Midtown's food hall count to seven. We must be reaching saturation, right? 18

WELCOME TO METRO.US



EVA KIS, FEATURES EDITOR

New York nightlife has a new champion. Ariel Palitz was appointed to the newly created job of night mayor earlier this month, and she's already held her first community meeting in Bushwick. We were there and got the long wish list of the city's artistic community for preserving the small clubs, concert venues and creative spaces that all contribute to the city's soul. Read more on page 19 and at metro.us.

RIGHTS GROUPS VOW TO FIGHT CENSUS QUESTION

Several states and civil rights groups promised on Tuesday to stop the federal government from asking people whether they are citizens in the 2020 Census, arguing it could skew the makeup of Congress. The Commerce Department, which runs the Census Bureau, announced on Monday that Commerce Secretary Wilbur Ross had decided to include the citizenship question. Ross had decided that "obtaining complete and

accurate information to meet this legitimate government purpose outweighed the limited potential adverse impacts," the Commerce Department said in a statement. Opponents said the addition of the question was designed to undercount immigrants, leaving them more marginalized by potentially reducing their representation in Congress and funding for local jurisdictions. *Read more about New York's response on page 10.*

SOURCE: FACEBOOK CEO TO TESTIFY BEFORE CONGRESS

Facebook Inc Chief Executive Mark Zuckerberg plans to testify before Congress, a source briefed on the matter said on Tuesday, as he bows to pressure from lawmakers insisting he explain how 50 million users' data ended up in the hands of a political consultancy. Lawmakers in the United States and Europe are demanding to know more about the company's privacy

practices after a whistleblower said consultancy Cambridge Analytica improperly accessed data to target U.S. and British voters in close-run elections. Facebook shares have fallen almost 18 percent since March 16, when Facebook first acknowledged that user data had been improperly channeled to Cambridge Analytica, which was hired by Donald Trump's 2016 presidential campaign.

PROJECT 84 CALLS FOR ACTION ON MALE SUICIDE

Life-size sculptures of 84 men are pictured as they have been positioned on the roof of ITV Television Centre building in London on Tuesday. The 84 sculptures by sculptor Mark Jenkins are part of an installation called Project 84, and they represent the number of men who take their own lives every week in the U.K.



GYMNASTICS DOCTOR'S BOSS FACES SEX CHARGES

A former Michigan State University dean, who supervised the doctor at the center of the USA Gymnastics sex abuse scandal, was himself charged on Tuesday with criminal sexual conduct involving medical school students. A student at the College of Osteopathic Medicine accused William Strampel, 70, of forcible sexual contact, prosecutors said in papers filed in state district court in East Lansing. Prosecutors

said other students also accused Strampel of sexual misconduct. The charges emerged during a probe into how Michigan State handled complaints about the gymnastics doctor, special prosecutor William Forsyth told reporters. Strampel was dean from 2002 until the end of 2017. He supervised ex-USA Gymnastics physician Larry Nassar, who has been sentenced to prison for sexually abusing female gymnasts.

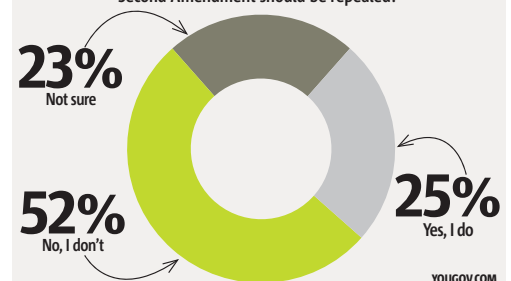
NEW APPLE IPAD AIMS FOR EDUCATION MARKET

Apple Inc. on Tuesday rolled out a new iPad and classroom software aimed at grabbing more of the U.S. education market, but did not cut the price of its entry-level tablet despite schools flocking to laptops costing a third less. Apple is looking to reassert dominance in U.S. schools, where inexpensive laptops running software from Alphabet Inc.'s Google and Microsoft Corp. now top iPad by

sales, offering a cheap way to get to cloud-based productivity tools. The new iPad has a more powerful computing chip and an extensive set of new, free software for teachers to manage students and schoolwork. But the unchanged starting price of \$299 for students and \$329 for the general public, without a keyboard or case, compares with less than \$200 for some Windows and Google Chrome models.

SECOND AMENDMENT

In an essay, retired Supreme Court Justice John Paul Stevens urged the repeal of the Second Amendment. Do you think the Second Amendment should be repealed?



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Project Petals inspires next generation of New York City's urban planners

"The hope is that they become the change agents or the change leaders for the areas in which they live," said founder and president Alicia White.



NIKKI M. MASCALI
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In 2013, when Alicia White grew tired of seeing Railroad Park in her Jamaica, Queens, neighborhood be neglected, she mobilized the community to urge the city to do something about it.

The city did, and that paved the way for other environmental projects elsewhere — and eventually the formation of her nonprofit Project Petals, which focuses on revitalization and development in underserved communities. After seeing young residents becoming interested in the architects and designers who volunteered with Project Petals, she was inspired to go one step further.

"That's how I came up with the Project Petals

Youth Builders Program, to help young people who are from some of these communities that are underserved or under-resourced, like the one I grew up in, and connecting them with people who basically change communities every day: architects, engineers, urban planners, designers, environmental leaders or business leaders," White said.

Through monthly Youth Builders workshops in libraries across the city, kids ages 10 to 18 can pick up the brains of those professionals who may inspire them to follow similar career paths.

"We also have young people think about their community as a whole, what they would like to change, what they see, what they think could be improved and have them start thinking about their futures beyond their secondary education but also how they can reimagine where they live

right now," White said. "We have them really sit and think about that, and then we have the professionals come in and discuss how those things can be changed. They have a real interest in changing their landscape in their communities and environment, and that's most inspiring."

White hopes that Project Petals' Youth Builders Program encourages city youth to not only study programs like architecture, urban planning or engineering, but to stay

in or return to their neighborhoods after college "to become the change agents or the change leaders for the areas in which they live," she said.

Project

Petals currently operates in New York City and Uganda, but White's five-year plan for the organization includes a national rollout of the program.

"In five years, I really hope this is a national program in under-resourced

"In five years, I really hope this is a national program in under-resourced areas ..."

Alicia White



Participants in Project Petals' Youth Builders Program "have a real interest in changing their landscape in their communities and environment, and that's most inspiring," said founder and President Alicia White. **PROJECT PETALS**

areas so that every young person could get an idea of what it's like to change their community and think about their post-secondary education," she said. "It's my hope that it's national and that we have young people by that time who have gone through college who are coming back as engineers and architects and designers because nothing would make me as excited or happier."

How Project Petals got its name

When Alicia White spearheaded the revitalization

of Railroad Park in Jamaica, Queens, the first order of business was to plant some greenery in the park, which gets its name from nearby LIRR tracks. But what's behind the name Project Petals?

"The first project we had was planting daffodil bulbs, and all the neighbors came out and said it was so exciting to see flowers and petals," White recalled. "I thought to myself that the petals part was a decent name. You have each individual person as a petal that makes up a flower. You can't have a flower without nu-

merous petals — and you can't have a community without numerous people coming together."



Alicia White **PROJECT PETALS**

Thousands gather for funeral of FDNY firefighter Michael R. Davidson



Funeral services at St. Patrick's Cathedral came after two days of viewings in Davidson's hometown of Floral Park, Long Island. **TWITTER/FDNY**

Thousands of mourners attended Tuesday's funeral for Michael R. Davidson, the FDNY firefighter who died battling a blaze in Harlem Friday.

The funeral services came after two days of viewings in Davidson's hometown of Floral Park, Long Island.

Davidson, a 15-year veteran of the FDNY, was a member of Engine Company 69, the first to arrive at the blaze at 773 St. Nicholas Ave. and 149th Street late Thursday night.

Davidson, who was operating the fire hose nozzle, became separated from other firefighters when they started to retreat when the blaze intensified on the first floor of the five-story building.

He was found unconscious and taken to

Harlem Hospital, where he later died from smoke inhalation, the medical examiner determined Monday.

Davidson is survived by his wife, Eileen, and four children: Brooke, 7, Joseph, 6, Emily, 3, and Amy, 1. His father, Robert, retired from the FDNY after 26 years primarily spent with Engine Company 69, and his brother, Eric, is an 11-year FDNY veteran of Engine Company 88 in the Bronx, the FDNY said.

Davidson, who joined the FDNY in 2003 and was cited four times for his bravery, was posthumously promoted to lieutenant on Saturday by Mayor Bill de Blasio and FDNY Commissioner Daniel Nigro. He was the 1,150th FDNY firefighter to die in the line of duty.

The fire was believed

to have started in the basement of 773 St. Nicholas Ave. Davidson was found on the first floor, which is the site of the former St. Nick Pub, a longtime jazz club that closed in 2011.

The cause of the fire was still under investigation, and the building was slated to be demolished soon.

The defunct club had been vacant since closing, but was recently being used as a set location for "Motherless Brooklyn," a 1950s-era film directed by and starring Edward Norton.

The crew was wrapping up filming when an assistant director smelled smoke, Norton said on Instagram. The crew and actors were evacuated so the FDNY could access the building.

NIKKI M. MASCALI

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Columbia University announces its first-ever coding bootcamp

The 24-week, part-time coding bootcamp starts June 5 and was designed with the city's working professionals and adult learners in mind.



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With the tech industry booming, Columbia University is looking to help New Yorkers learn the necessary skills to join one of the country's fastest-growing career paths.

In partnership with workforce accelerator Trilogy Education Services, Columbia Engineering will host its first-ever coding bootcamp this summer. Classes begin June 5, and enrollment opened on Tuesday.

The 24-week bootcamp, which costs

\$12,995, was designed with adult learners and working professionals in mind, as the course is part-time and has a flexible class schedule including weekends and evenings.

It will cover front- and back-end web development, including training in HTML5, CSS3, JavaScript, MySQL and other programs as well as the basics of coding.

"... New York is seeing a rapid shift in the skills required for professional success."

Soulaymane Kachani, vice provost for teaching and learning at Columbia University

"New York City is home to many of the industries that drive the national



In partnership with workforce accelerator Trilogy Education Services, Columbia Engineering will host its first-ever bootcamp this summer. BRANDON COLBERT

and international economies," said Soulaymane Kachani, vice provost for teaching and learning at Columbia University. "As technology continues to play a central role in how work gets done, New York is seeing a rapid shift in the skills required for professional success. This mirrors the national trends, which show that web development is one of the fastest growing careers in today's economy

with a projected 15 percent growth by 2026."

While classes will be held at Columbia's campus in Morningside Heights, students will also spend about 20 hours per week on outside projects.

Students who complete the program will earn a certificate from Columbia Engineering and the ability to access career-planning services, portfolio reviews and other means of support.

NYC pilot program lets cyclists follow pedestrian signals at some intersections

Hate waiting at red lights when you're on a bike? Now, thanks to a new pilot program from the city's Department of Transportation, riders on two wheels can legally roll through some reds at select intersections.

Through this pilot, cyclists can now follow LPIs, or Leading Pedestrian Intervals, the department announced Tuesday.

LPIs give pedestrians a head start crossing the street, meaning they get a walk signal seven to 11 seconds before vehicle drivers get their green light to go through the intersection or make turns through crosswalks.

The city has installed 2,547 total LPIs throughout the five boroughs as part of Vision Zero. A 2016 study by the transportation department found that LPIs led to a 56 percent drop in serious injury and fatal pedestrian and bicycle crashes.

Eighty-nine percent of



Eighty-nine percent of cyclists killed or seriously injured in vehicle crashes were hit at intersections, according to the city.

NICOLAUS CZARNECKI/METRO

cyclists killed or seriously injured in vehicle crashes were hit at intersections, according to the city. The pilot includes 50 designated intersections in Manhattan, Brooklyn and Queens and will extend in October 2018.

The transportation department will install signs at these intersections telling cyclists they can follow the walk signals. Cyclists will still have to yield to pedestrians in crosswalks. KRISTIN TOUSSAINT



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The NYPD's Special Victims Division allegedly views rape cases where the victim knows their assailant as less important, even though they make up 90 percent of rapes in the city. GETTY IMAGES

New report: Special Victims Division disregards date rape

A damning report by a watchdog agency says the NYPD's Special Victims Division doesn't investigate many sexual assault cases under its jurisdiction.



EVA KIS
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Victims of sexual assault in New York City wouldn't want the real-life version of the Special Victims Unit investigating their case.

The NYPD's Special Victims Division has been understaffed for eight years and doesn't investigate many incidents of sexual assault, especially when the victim knows their rapist, according to a damning report by the Department of Investigations, which oversees the city's law enforcement agencies.

The yearlong investigation found a "longstanding" practice by the NYPD that leaves local precincts in charge of investigating sex crimes in cases of date rape (the police term is acquaintance rape) and domestic rape (between spouses) after patrol officers make an arrest. Precinct-level detectives are not trained in investigating sex crimes.

Acquaintance and domestic rapes make up almost 90 percent of reported rapes in the city, according to internal NYPD documents.

"Stranger rapes" and "more high-profile cases" were prioritized by the SVD because they're seen as posing a greater risk to the public, which the DOI report slammed as false: "In reality, both are similar in their behavioral profiles and pose similar safety threats to the public at large."

DOI compiled its report from interviews with current and former SVD officials, including detectives, prosecutors and victim advocates, who told

"Victims of sexual assault deserve justice, with the full weight of law enforcement by their side."

DOI Commissioner
Mark G. Peters

the agency that SVD has "diluted" and "shortened" investigations because of staffing problems, which also led to "jeopardized prosecutions, re-traumatized victims, and negatively impacted the reporting of sex crimes, thereby adversely affecting public safety."

A 2010 audit of the department found it short by 26 detectives, but the NYPD did nothing to hire more personnel. When SVD asked the NYPD for additional staff and resources in 2011, a deputy commissioner told the

agency it "did not have to investigate every misdemeanor [sex crime]," according to the report. Misdemeanor sex crimes in New York City include sexual abuse, forcible touching, necrophilia and soliciting a prostitute.

That shortage has only gotten more severe. The caseload for SVD detectives has increased by 65.3 percent since 2009, while staffing has remained nearly unchanged, according to the report. SVD would now need to hire 73 detectives to keep up with the caseload reported in 2017, and even more if it starts investigating all reported sex crimes.

But even when SVD gets new recruits, they're vastly undertrained compared to the rest of the NYPD. According to the report, new SVD officers get 40 hours of instruction — a new motorcycle patrol officer receives between six and eight weeks of training. In the report, SVD admitted it can take up to five years for new officers to gain the necessary experience to investigate sex crimes.

"Victims of sexual assault deserve justice, with the full weight of law enforcement by their side," said DOI Commissioner Mark G. Peters. "The neglect and understaffing of NYPD's Special Victims Division are serious and deeply troubling, and the failure to treat acquaintance rape as an equal priority is unacceptable."

As of Tuesday afternoon, the NYPD had not returned a request for comment by Metro.



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					2 people	\$21,086 - \$30,560						2 people	\$26,640 - \$38,200
	2 bedroom	\$676	1	→	2 people	\$25,166 - \$30,560		2 bedroom	\$870	8	→	2 people	\$31,818 - \$38,200
					3 people	\$25,166 - \$34,360						3 people	\$31,818 - \$42,950
4 people					\$25,166 - \$38,160	4 people	\$31,818 - \$47,700						
100% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available		Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴	110% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available		Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴
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	1 bedroom	\$1,254	22	→	1 person	\$44,949 - \$66,800						3 people	\$60,480 - \$94,490
					2 people	\$44,949 - \$76,400						4 people	\$60,480 - \$104,940
	2 bedroom	\$1,511	46	→	2 people	\$53,795 - \$76,400		3 bedroom	\$1,965	2	→	3 people	\$69,909 - \$94,490
					3 people	\$53,795 - \$85,900						4 people	\$69,909 - \$104,940
					4 people	\$53,795 - \$95,400						5 people	\$69,909 - \$113,410
												6 people	\$69,909 - \$121,770

¹ Tenant pays electricity

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: Webster Commons D c/o The Wavecrest Management Team, 87-14 116th Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **May 28th, 2018**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

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New York state will sue to block Census citizenship question

Opponents of a 2020 Census question about citizenship status say it could further discourage immigrants from participating in the count.



Test surveys showed in late 2017 that some immigrants were afraid to provide information to U.S. Census workers because of fears about being deported.

GETTY IMAGES

New York state's attorney general said on Tuesday he will lead a multistate lawsuit to try to stop the federal government from asking people whether they are citizens in the 2020 Census, arguing the move will discourage immigrants from participating.

The Commerce Department, which runs the Census Bureau, announced on Monday that Commerce Secretary Wilbur Ross had decided to include the citizenship question after a Justice Department request based on a desire for better enforcement of the Voting Rights Act. The act protects minorities' voting rights.

Ross had decided that "obtaining complete and accurate information to meet this legitimate government purpose outweighed the limited potential adverse impacts," the department said in a statement.

New York Attorney General Eric Schneiderman said that demanding to know respondents' citizenship status "will create an environment of fear and distrust in immigrant communities that would make impossible both an accurate Census and the fair distribution of federal tax dollars."

He said in a statement he would lead a multistate lawsuit to block the decision. The statement did not say which states would join the lawsuit and when it would be filed. His office did not immediately respond to a request for comment.

The state of California, which has a large immigrant population, filed a lawsuit early Tuesday in federal court against the Commerce Department and the Census Bureau.

California Attorney General Xavier Becerra asked the U.S. District Court in the Northern District of California to issue a preliminary injunction and rule that the move violates the Constitution by interfering with the obligation to conduct a full count of the U.S. population.

**"This
untimely,
unnecessary
and untested
citizenship
question
will disrupt
planning
at a critical
point."**

The Leadership Conference on
Civil and Human Rights

The census, which is mandated under the U.S. Constitution and takes place every 10 years, counts every resident in the United States. It is used to determine the allocation to states of seats in the U.S. House of Representatives and to distribute billions of dollars in federal funds to local communities.

Ross said in a memo that the Voting Rights Act requires a tally of citizens of voting age to protect minorities against discrimination, and that getting this information as part of the census would

make it more complete. Noncitizens do not have the right to vote in federal and state elections.

Opponents of a 2020 Census question about citizenship status say it could further discourage immigrants from participating in the count, especially when they are already fearful of how information could be used against them.

The announcement came as President Donald Trump tries to keep his campaign promise to build a border wall between Mexico and the U.S. and to crack down on illegal immigration.

He ordered stricter immigration enforcement and banned travelers from several Muslim-majority countries soon after taking office in January 2017.

"This untimely, unnecessary and untested citizenship question will disrupt planning at a critical point, undermine years of painstaking preparation, and increase costs significantly, putting a successful, accurate count at risk," the Leadership Conference on Civil and Human Rights said in a statement.

Test surveys showed in late 2017 that some immigrants were afraid to provide information to Census workers because of deportation fears.

Citizenship questions have appeared on the census in the past and are included on more frequent population surveys that are administered by the Census Bureau. REUTERS

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Can you get HIV from a Cadbury Creme Egg?

An internet hoax is making the rounds again.

MEAGAN MORRIS
letters@metro.us

Don't believe everything you read, especially on the internet.

A rumor making the rounds on the web claims that a worker for the confectionery company Cadbury was caught doing the unthinkable to candy he produced during his work day.

"This is the guy who added his infected blood to Cadbury products," reads the caption under a photo of a man being led away in handcuffs. "For the next few weeks do not eat any products from Cadbury, as a worker from the company has added this blood contaminated with HIV (AIDS). It was shown yesterday on BBC News."

The problem? It was never on the BBC — and it's just not true.

The claim is an Easter-themed take on a rumor that's made the rounds for the past several years, according to Snopes. Other versions of the hoax claim the same man added his HIV-infected blood to other popular products, like Pepsi.

And you don't have to throw out your beloved Easter candy, because it's 100 percent false — not that it would be a problem if a Cadbury employee working on the production line did have HIV.

How HIV spreads

Hint: It's not through simply touching the saliva or blood of an infected person.

According to the U.S. Centers for Disease Control, HIV can only be transmitted through certain fluids, like blood and semen, along with pre-seminal, rectal and vaginal fluids — and breast milk.

And in order for them to infect the other person, they have to come in contact with damaged tissue, a mucous membrane (like those inside the vagina, mouth or anus) or be directly injected into blood via a syringe or needle.

Even eating food contaminated with the blood of an HIV-positive person won't give you the disease, according to the CDC. "Even if the food contained small amounts

"Even if the food contained small amounts of HIV-infected blood or semen, exposure to the air, heat from cooking and stomach acid would destroy the virus."

The CDC, on its website.



A rumor making the rounds on the web claims that a worker for the confectionery company Cadbury was caught doing the unthinkable to candy he produced during his work day. GETTY IMAGES

of HIV-infected blood or semen, exposure to the air, heat from cooking and stomach acid would destroy the virus," the CDC writes on its website.

The guy in the photo — Sadiq Ogwuche — was actually arrested in connection with a 2014 bombing in Nigeria.

The real danger of eating Easter candy

So, there aren't a lot of health risks with eating Easter candy (other than a mad sugar rush).

That said, little kids should be supervised when they gorge on Cadbury confections during the holiday, at least the smaller ones.

A British mother issued a warning about giving little kids the Mini Cadbury Creme Eggs in their baskets.

"I watched the light slip from my baby's eyes, I tried in vain to save her," the anonymous woman wrote of the death of her daughter three years ago.

"She had choked on a

Mini Egg and I was unable to dislodge it, even with back slaps and pushing up under her ribs," she wrote. "I had done a first aid course six months prior to this event so all the techniques to help a choking child were still fresh in my mind but it didn't help."

"If your children enjoy these chocolate treats, please watch them extra close and remind them to sit down whilst eating them or avoid them altogether."



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The TWA Hotel at JFK is getting closer to completion

Progress continues to, ahem, take off, on the much-anticipated TWA Hotel at JFK Airport.

Slated to open next spring, the second tower of the TWA Hotel has fully topped out, and the seven-layer soundproof glass façade is nearly complete on the hotel's north tower.

"Once fully installed, this special curtain wall will make the TWA Hotel one of the quietest hotel rooms in the world," developers said, which is good for future guests to know considering JFK is one of the world's busiest airports.

The TWA Hotel is being built by developer MCR on the site of the TWA terminal, a landmarked and historical site that has been vacant since closing in 2001.

The Eero Saarinen-designed terminal originally opened in 1962 and is "one of the most important buildings in



The TWA Hotel is being built by developer MCR on the site of the TWA terminal. **MAX TOUHEY**

America," MCR CEO Tyler Morse told Metro back in November.

While MCR crews are working around the terminal's unique existing design, they are also modernizing the building, which Morse said was never properly air-conditioned, had heating and ventilation issues and was "filled with asbestos" and lead paint.

Upon completion next year, the TWA Hotel's amenities will include 505 rooms, a restored version of Saarinen's sunken and vibrant red lounge, a rooftop pool,

observation deck, 50,000 square feet of event space — and a 1956 Lockheed Constellation plane that will be transformed into a bar and restaurant.

The hotel will also house the TWA Museum that will be filled with vintage memorabilia from the airline that operated from 1926 until 2001.

New Yorkers can get a sneak peek at some of TWA Hotel's treasure trove of memorabilia at the TWA Lounge on the 86th floor of One World Trade Center, which will remain after the TWA Hotel opens. **NIKKI M. MASCAU**

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Why Are Chronic Neck And These Newest Treatment

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Hundreds of worst pain sufferers from tri-state area calling

NYC Pain MD is a clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get further into this:

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy: "Radiofrequency Neurotomy" is often referred to as RF for short.

Just what is "RF"?

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced medical imaging to "block" the nerves and slow down the pain.

Two procedures are performed. First, a test, diagnostic "Block" procedure is

pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impairs" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some even longer. The great news is - another procedure can be safely performed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" ... it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

able to finally get a goodnight's sleep again? How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is *not surgical*.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

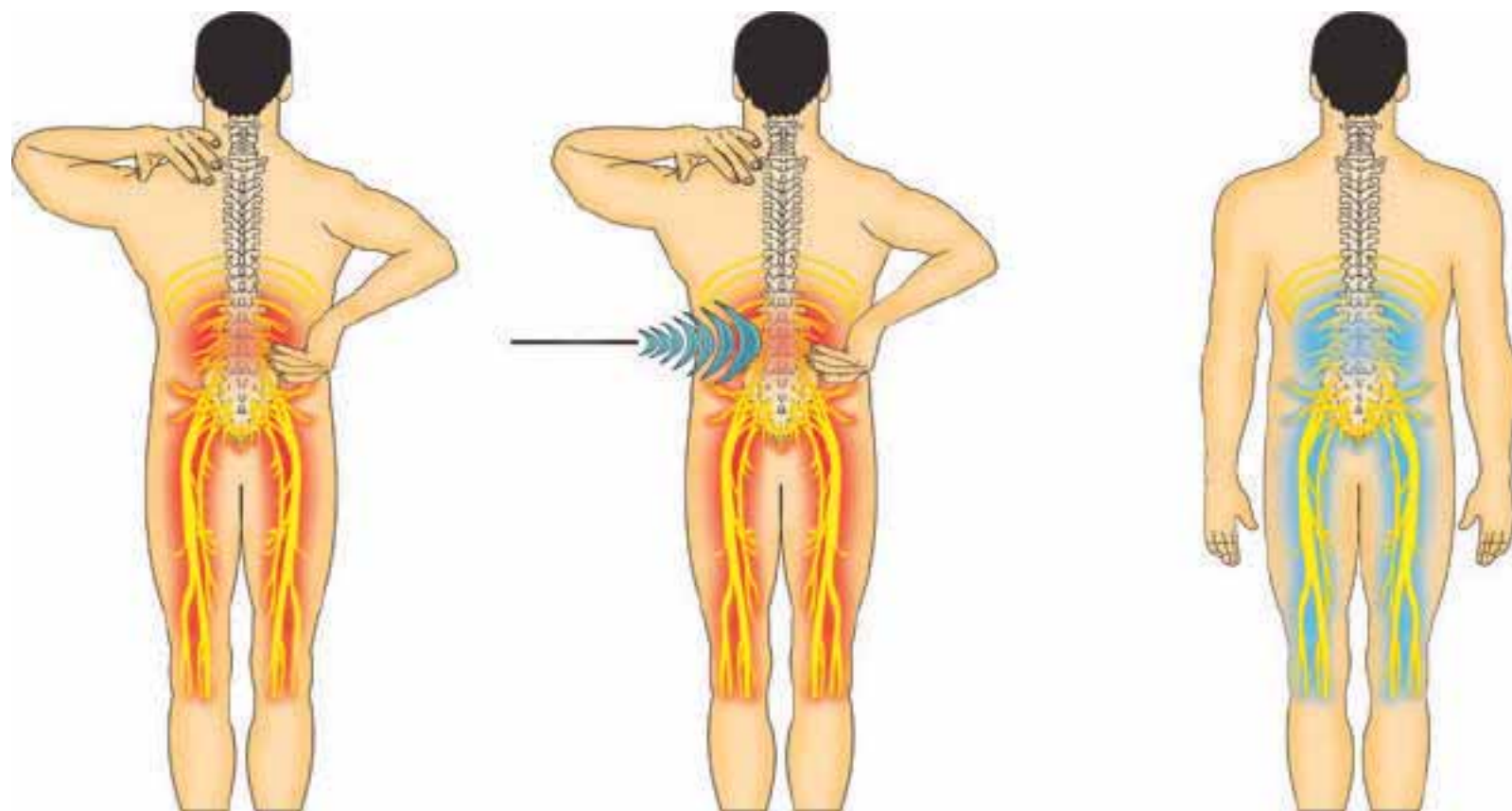
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Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgi-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this

additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

Your Invitation

NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the

edge treatments offered at *NYC Pain MD*. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

There are limited openings for these screenings and they fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month. This screening is at no cost and

no obligation.

Many of the treatments offered are covered by many insurance plans and even traditional medicare.

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Kellyanne Conway's husband is going on an anti-Trump Twitter spree

George Conway previously withdrew from consideration for top jobs in the Trump administration.

MICHAEL MARTIN
letters@metro.us

The husband of presidential adviser Kellyanne Conway has gone on a full-blast Twitter offensive — against his wife's boss, President Donald Trump.

George Conway has sent nearly 100 tweets critical of Trump in the last month. He has only tweeted about 500 times in the six-year history of his account, with zero posts in 2015, nothing in 2016, and only 31 tweets in 2017, HuffPost noted.

But starting in February of this year, something

shifted. Conway retweeted conservative commentator Mona Charon, who blasted Trump from the stage of the Conservative Political Action Conference and was escorted from the premises.

"The hard reality for Trump ... is that almost no major law firm wants to work for him."

Maggie Haberman,
New York Times reporter

This month, George Conway has sent or retweeted 200 tweets critical of Trump, including:

- A retweet from a Wash-

ington Post writer saying Trump was "struggling mightily to find top-flight lawyers, as attorneys and firms seek to avoid a difficult client"

- New York Times reporter Maggie Haberman commenting about "the hard reality for Trump — a wealthy man and president of the United States — is that almost no major law firm wants to work for him"

- A retweet about two of the stock market's largest one-day drops coming in 2018

- Retweets of reporters voicing skepticism over Trump's threat to veto the bipartisan spending bill (which he ultimately signed after darkly complaining about it in a hastily arranged news conference).

For her part, Kellyanne Conway's latest tweets involved the opioid epi-



Kellyanne Conway's husband takes a different approach to politics than his wife. GETTY IMAGES

demic and Trump taking his "toughest actions yet on Russia."

In February 2017, George Conway was a candidate to be U.S. solicitor general but pulled himself out of contention. Last summer, he was up for a top post at the Department of Justice but similarly withdrew, citing a desire to stay in the private sector. He is currently a partner at D.C. firm Wachtell Lipton — one of those top-flight practices mentioned above — where profits per partner reportedly average around \$6 million a year.

Dirty-named cities worldwide will now be eligible for Pornhub Premium for free



Pornhub announced Tuesday that they are giving residents of dirty-named cities worldwide free Premium memberships — for life. ISTOCK

There was a time — probably (hopefully) in elementary school — when you would giggle at a dirty joke you heard in passing. And some people, surprisingly enough, actually live in places that sound like the punchlines. Take for instance Analândia, Brazil.

Pornhub announced Tuesday that they are giving residents of dirty-named cities worldwide free Premium memberships — for life.

"With the proliferation of online adult entertainment, many people have become very well-versed in its vernacular and sexual sayings," Pornhub Vice President Corey Price said in a statement. "Unfortunately, this has made towns with sexually suggestive names the butt of many more jokes."

He continued, "Here at Pornhub, we think a name is worth celebrating, rather than subjecting to incessant ridicule.

To help make residents of these towns prouder of their roots — and the rest of the world a bit envious — we are designating them as 'Official Pornhub Premium Places' and supplying them with free lifetime memberships to Pornhub Premium."

A Pornhub representative told Metro, "If you're in a city that's listed as a premium place, the landing page will recognize where you are located." So, anyone in cities like NYC, Boston or Philly would be automatically listed as ineligible for the free service. (However, it does tell you that you can still try Pornhub Premium free of charge for one week.)

The company is encouraging anyone living in cities with dirty names they may have missed to share the hashtag #PremiumPlaces on Twitter or Instagram. Your hometown might make the cut.

SAM BRODSKY

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You can find these suggestive places (and the other 40-plus dirty-named locations across the globe) on an interactive map seen on Pornhub's Premium Places page.

This is all for a good cause, they claim: to boost some battered egos with a free Pornhub Premium service for life. Time to move?

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Midtown Manhattan has got to be reaching food hall saturation



Urbanspace 570 opens in the General Electric building at 570 Lexington Ave. today. **ALL PHOTOS PROVIDED**

Urbanspace 570 opens on the ground floor of the General Electric building today, bringing the food hall count in a 25-block span of Midtown to seven.



EVA KIS
eva.kis@metro.us

The food hall trend shows no sign of slowing down, but Midtown is becoming seriously saturated.

The latest on the scene is Urbanspace 570, at 570 Lexington Ave. at 51st Street, opening today with 16 vendors. The market is

located in the ground floor of the Art Deco darling General Electric building, with giant windows and an upstairs seating area.

Out of the vendors, only three can't be found anywhere else in the city: Bao by Kaya, serving Taiwanese-style buns and cuisine; Go Fish, a sushi concept by the owners of high-end Japanese spot BondSt; and Rockaway Clam Bar, a spinoff of Red Hook Lobster Pound.

We're just saying, if you've got spaces perfect for experimenting with low start-up costs, why not bring in more new restaurants?

Several of the vendors are creating items

exclusive to Urbanspace 570, and there's also a beer bar by Top Hops.

You'll know the name Urbanspace from the city's seasonal



markets, from the city's best Christmas market at Bryant Park to the spring market in Madison Square Park.

It also already operates another food hall just seven blocks away, Urbanspace Vanderbilt with 20 vendors.

This is in addition to a handful of other food halls within a 25-block span: City Kitchen in the Theater District, Todd English Food Hall at the Plaza Hotel, The Pennsy just outside Penn Station, Grand Central's Nordic-themed Great Northern Food Hall (not to mention the grab-and-go restaurants throughout the station) and the Concourse at Rockefeller Center.

So if you're hungry after making the tourist circuit of Midtown, you've got options.



Rockaway Clam Bar is a new venture by the Red Hook Lobster Pound team.

HERE'S THE FULL LIST OF VENDORS

- Bao by Kaya:** Taiwanese cuisine and bao buns
- Bobwhite Counter:** outpost of Alphabet City's beloved fried chicken and comfort food spot
- Dorado:** California-Baja tacos
- Go Fish:** sushi by NoHo restaurant BondSt's Marc Spitzer and Jonathan Morr
- Inday:** seasonal Indian-inspired wraps and grain bowls
- Kuro-Obi:** ramen from the Ippudo team
- La Pecora Bianca:** a space for Italian fast-casual ideas by Mark Barak
- Liquiteria:** cold-pressed juices, smoothies and acai bowls
- Little Collins:** Australian cafe with breakfast, salads and sandwiches
- Roberta's:** New York-style pizza from a wood oven
- Rockaway Clam Bar:** new seafood spinoff of Red Hook Lobster Pound
- Ta'im:** casual Israeli fare
- Takumi Taco:** Japanese-inspired Mexican tacos
- Top Hops Beer Shop:** craft and imported beers
- Trapizzino:** traditional Roman street sandwiches
- The Tuck Shop:** Australian meat and veggie pies



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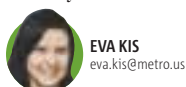
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A long wishlist for the night mayor

Ariel Palitz appeared at her first meeting with the city's nightlife community, and they weren't short of ideas on how to protect the city's arts scene.



EVA KIS
eva.kis@metro.us

There's no shortage of ideas to save New York City nightlife, and the new Night Mayor wants to hear them all.

"I'm a native New Yorker, born and raised. Nightlife raised me, for the most part," Ariel Palitz told a standing room-only crowd at Bushwick's Secret Robot Project performance space on Monday night, her first public appearance since being appointed to the post earlier this month.

It was just the first in a series of community gatherings Palitz will attend around the city to hear directly from local business owners, artists and organizers on how to save independent galleries, music halls, concert venues and clubs.

Such spaces are facing enormous pressures, from rent hikes and gentrification to burdensome business regulations and disorganized system of dealing with complaints against venues.

For the next hour, the crowd rolled out a wishlist of issues to save the city's creative spaces (find more at metro.us).

Expanded lease rights

In February, Delissa Reynolds had to close Bar Sepia in Prospect Heights after 14 years. She and several other owners called for lease protections like lon-

ger terms, right of first refusal when it comes to renewing and even commercial rent control.

Overhaul the 311 system

Rachel Nelson has been co-owner of Secret Project Robot, a performing arts space and bar, for 19 years. In that time, she's had to move the business four times, whether because it was displaced by condos or rent. She would like to see the 311 hotline for complaints and concerns in the city overhauled: "311 was something the Bloomberg administration set up probably with decent intentions, but one



Night Mayor Ariel Palitz (far right). GETTY IMAGES



Over 100 people turned out for the first community meeting with the city's new night mayor. EVA KIS

neighbor can get a space shut down."

They could also be complaining not for a legitimate reason, but simply because they don't like queer people. A couple of attendees called for ending anonymity for 311 complaints.

Arts-friendly zoning laws

Tara Duvivier has watched a lot of friends leave the

city over rising rents, and worked for 10 years in affordable housing. Rezoning laws can help by allowing for taller buildings, but they might also stifle creative spaces. "A site that could've housed a club or bar may be altered so [they] can't exist in that space anymore." She pointed to Bushwick and Gowanus as neighborhoods where cultural spaces need protection now.

Help existing businesses

Duvivier also had an idea for making existing businesses better neighbors by creating a fund for owners to perform improvements such as soundproofing. She would also like to see Palitz's office or other agencies work with venues directly to resolve problems instead of resorting to raids by the Multi-Agency Response to Community Hotspots (MARCH) team.

Are You Shy?

- ☐ Do you get anxious in front of others?
- ☐ Do you feel embarrassed if you have to give a speech or perform at a public function?
- ☐ Do you avoid meeting new people, going to parties, or dating?
- ☐ Is it difficult to eat, drink, or write while others may be watching you?

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Special thanks to Tawana Tibbs and Bruce Gordon

Hook-ups in a post-Craigslist world

R.I.P., "Casual Encounters." You were an entertaining time waster.



ALEXANDRA CAVALLO
letters@metro.us

Craigslist's Personals section has long prevailed as one of the strangest and yet widely used forums on the web for people looking for love, sex and all manner of kink. The internet's equivalent of the dubious back page classifieds section of newspapers of yore, lonely urbanites could post to and peruse the Personals looking for anything from a "fart bud" to a "guest for an erotic pizza party for two." And those are real-life examples of tame posts. It was a safe haven for fetishists and sexual outliers of all stripes and, in its way, it was oddly comforting to know it was out there. A pre-safe space safe space, if you will.



It is officially the end of an era, however. The Personals section was shut down — a casualty of FOSTA, (Allow States and Victims to Fight Online Sex and Trafficking Act of 2017), just passed by Congress, as part of a government campaign to crack down on sex trafficking by targeting sites like Backpage — a long existing forum for sex workers to advertise their services.

Craigslist's Missed

Connections, where people posted about chance encounters they failed to close the deal on — "I saw you on the L train, you were wearing cat eye glasses and made my heart purr" will live on. But Craigslist has moved those posts over to the site's "Community" section.

So where's a horny individual in search of a like-minded partner in kink to turn for a booty call now? Of course,

there are countless apps for that. The advent of Tinder opened the sex dungeon door to a wide variety of mobile dating apps, from more mainstream ones like Bumble, Hinge and Grindr to specialized applications (Farmers Only, anyone?). The use of these apps to find love, sex or both has become commonplace and, increasingly, the preferred way for young people to communicate. But as folks who still re-

member when MySpace was a cutting-edge social networking site, or got our first peek at fet life on the back pages of the "Village Voice," we had to ask ourselves (*cue Carrie Bradshaw smoking at her laptop*): What ever happened to meeting someone IRL?

Everything comes full circle, and we can't help but think that once dating apps have reached peak popularity, their appeal will inevitably wane and people will have to resort to good, old-fashioned ways of procuring nooky. So, in tribute to the passing of Craigslist Personals, we've come up with just a few ideas:

*** A bar:** Bear with us here; we know this sounds revolutionary. A bar, or pub (short for public house!), is a place that serves alcohol. Alcohol is a social lubricant. Believe it or not, people used to go to bars exclusively to socialize with other

people all the time!

*** The gym:** Ostensibly, this is a place people go to "exercise." But in reality, it's a place people go to show off and check each other out. Plus everyone is sweaty, and sweaty is kind of sexy, right?

*** A farmers market:** Actually, we're not sure if this one works, but it seems to be a common rom-com trope, so there's got to be something there, right? The Amish must be kinky.

*** A book club:** You know what? Forget this one. Book clubs are overrated. But MeetUp.com is a great place to find similar social groups that are all about IRL encounters in public forums, which helps self-police against weirdos.

*** A bar:** This one can't be overstated. Just scratch the others and go to a bar.



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5 Ways to stay fit without going to the gym

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YouTube

There are channels dedicated to exercise, and YouTubers like Bart Kwan, Omer Isuf and Sacha Fitness offer up laptop-worthy workouts on the regular. You can also find tons of fitness videos for beginners.



BLOGILATES

Apps for that

Nike Training Club is free and works on iOS and Android. It features programs at different levels, and you can do hard training, yoga or other exercises. There are also different apps for specific needs that could be used for running or cycling, such as as Charity Miles (which supports charities) or Cyclemeter, which controls your activity. Or Fitbit, that counts all the calories you eat, steps you make, etc.



NIKE TRAINING CLUB

DIY circuits

Free DIY circuits can be found on Google. The only thing is that you need to be extra careful, as you're in charge of the final product.



Personal trainer

In-home personal trainers are no longer only a thing for celebs and the ultra wealthy. They needn't visit every day — have one come over, assess your space and the equipment at hand, and put together a plan you think you can replicate. After six weeks if you're seeing results, invite them back to change things up.

Yoga at your place

Apps as Daily Yoga (free in the App Store) is a great option for home yogis. There's the chance for intense workouts, and also end-of-day relaxation and stretching.



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Is Imelda Staunton the new Judi Dench? Here's what the 'Harry Potter' actress told us

She also talks "Finding Your Feet" and reveals why the West End is so much better than Broadway.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

After seven years of back-to-back theater performances, Imelda Staunton wants her life back. That's why she is turning to television and film for the foreseeable future.

But with "Finding Your Feet," the four-time Olivier Award winner used her peerless past work on stage to assist her cinematic pursuits. In the feel-good rom-com, Staunton plays the snobbish Sandra, who after discovering that her husband of 40 years has been having an affair moves in with her older sister Bif (Celia Imrie) before then reluctantly joining a com-



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munity dance class.

I recently had the chance to speak to Staunton about "Finding Your Feet," following the same career trajectory as Judi Dench, and her preference for West End theater over Broadway, all of which provoked some remarkably candid responses.

What first attracted you to this movie?

I liked the fact that it was a page turner. As I started reading it, I thought that I knew exactly where it was going, but then I was constantly surprised by it. I found it unpredictable. But it is always the script. Especially because I haven't done anything

like this before. Plus, it was great to work with all of the mates, too. Tim [Spall] and I were at drama school together in the late '70s. Me and Celia first worked together back in 1978. All that made it so easy. There were no egos and there was an immediate shorthand.

made it more interesting. Through my character, you see a modern version of middle England, too, and us filming in central London allowed us to tip toe around aspects of real London. But we knew that we wanted to make a feel-good film. I think the film is very true to those people, though.

"Shakespeare In Love" and the Oscar, and that was it. I wouldn't dream of comparing myself to Judi.

What're some differences between working in England versus working in America?
I don't think you can compare Broadway to the West End. I'm afraid I'm going to have to fly the flag for a moment. The standard is just fantastic. Our plays seem to come under the wire. I love it when work sneaks up on people. The more you blow a great big trumpet of, 'This is going to be amazing!' we're all going to be disappointed. Because all our imaginations are different. And we're all expecting something different. There are shows that are the exceptions to the rule, like "Hamilton." But they are all great big blockbuster shows. They have their audience. People will spend obscene amounts to see them. It's a conundrum. I love plays and theater. I don't go to a lot of musicals. I went to see "The Lion King" on Broadway in 1996 and it was one of the most magical things I've ever seen. I can love all that, but I also like quiet shows with no songs.

"Finding Your Feet" will be released on March 30.



So why are you taking a break from acting?

I want to take a break from theater, not from movies. Because with theater you have no life at all. And with film and telly you do have a life. That's what I want to concentrate on if I can.

So you want to follow the trajectory of Judi Dench?

I think for Judi it happened with "Mrs Brown." We've known Judi Dench for years and years and years because of theater. And then there was

It's a comedy, but one about some pretty heavy subjects.

Those particular subjects are dealt with sensitively, because it's a lightweight film. But that makes it meatier than you think. You're just trying to play the truth of the situation, and you're hoping that it isn't sentimental or obvious. And going left field, away from the cliché,

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The *best* of IKEA's *spring catalogue*

You might not be able to pronounce it (or even build it, without help) but it could look great in your pad. **ALEXANDRA CAVALLO**

It may still be cold, but this is spring, people. Time to peel off the longjohns, shove your parka back into storage, and do a little seasonal cleaning.

But before you go to town purging your place of all your worldly possessions, why not consider a home revamping instead? Scandinavian home goods giant IKEA's 2018 mission is all about "enabling you to make more room for the things you love in your life," according to their official statement, so we took a deep dive into the 2018 catalogue to pull out five of the chicest products under 50 bucks to invest in this spring — so you can clean up your home decor without cleaning out your wallet.

home

Odger Chair

(\$75)

Live green without spending a ton of green with this minimalist chair made from recycled plastic and renewable wood. This chair works well in either a dining or living room, and features a comfy bucket seat and rounded back. The best part? Zero assembly required.



Solvinden Lamp

(\$9.99)

No outlet? No problem! This hanging lamp is 100 percent solar powered. Talk about a bright idea. Engineered with solar panels that converts sunlight into electricity this smart lamp seems like it should cost way more than just 10 bucks. Guess it is easy being green after all.



Lierskogen Nightstand

(\$39.99)

Technically, it's a nightstand, but this sexy little number works just as well as a side or end table. You can adjust the height to fit your space, and it comes with a semi-hidden storage component where you can stash anything from pet or children's toys to, well, bedroom ... toys. ;)



Panorera Wall Clock

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This attractive wall clock has a sleek white face, punctuated with dots instead of numbers, and is equipped with a silent mechanism so you can keep time without the intrusive tick-tock.



Myrheden Frame

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Seal the driveway. You'll reduce unsightly cracks and slow deterioration of the concrete or asphalt.

Get the HVAC system serviced. Regular cleaning can add 10 years to the life of your system, says Laura Hales, a real estate agent and owner of Hales and Associates in Overland Park, Kansas.

Around \$500

Around \$300
Add a tile backsplash. Backsplashes provide an instant transformation at a fraction of what a full kitchen remodel costs.

Refresh interior paint. New paint in main rooms brightens the whole house, and doing it yourself saves on labor costs, Hales says.

Insulate the attic. Buyers love energy efficiency, and you'll love lower utility bills.

Around \$1,000

Around \$1,000
Get a new front door. Shaw recommends fiberglass doors that don't swell or contract with the weather.

Replace inefficient appliances like the water heater, toilet, refrigerator or dishwasher.

Tile the bathroom floor. Heavy foot traffic leaves flooring dingy. Opt for bright, easy-to-clean tile instead.

Around \$3,000

Around \$5,000
Install new kitchen countertops. Almost all buyers want granite, quartz and other solid surfaces, Hales says.

Replace the garage door. A new garage door recoups around 98 percent of its cost in improved home value, according to Remodeling magazine's 2018 Cost vs. Value report.

Enhance your landscaping. Stone pavers, a fire pit or exterior lighting boost curb appeal and functionality. **BETH BUCZYNSKI**

We're in the thick of tax time, so hopefully you'll be seeing a check from the government very soon (if you haven't received one early after filing early). And according to the IRS, the average American can expect to get about \$3,000 back.

Spurging on a vacation is tempting, but sinking refund cash into your house may be smarter, especially if debts are already under control, says Lisa Greene-Lewis, a certified public accountant and tax expert at TurboTax.

Even small home improvements can nudge home value — and your quality of life — in a positive direction. But how do you decide what to do?

The first question to ask, says Craig Webb, editor in chief of Remodeling magazine, is "How long do I plan to stay in the home?" The answer dictates how much you should spend on home improvements and which projects to prioritize.

If you're staying put, focus on changes that make your life better and improve value, Webb says. Fix what's broken before thinking about curb appeal.

Here are some home improvement ideas in several price ranges so you can put that tax refund to work.

Around \$100

Around \$100
Replace cabinet hardware. Changing knobs or handles is fairly simple, but gives the whole room a new look, says Colin Shaw, owner of Shaw

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AVAILABLE UNITS AND INCOME REQUIREMENTS

30% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴
	Studio	\$368	1	1 Person	\$14,949 - \$20,040
1 bedroom		\$396	1	1 Person 2 People	\$16,046 - \$20,040 \$16,046 - \$22,920
	2 bedroom	\$482	1	2 People 3 People 4 People	\$19,132 - \$22,920 \$19,132 - \$25,770 \$19,132 - \$28,620
3 bedroom					
40% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴
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1 bedroom		\$558	8	1 Person 2 People	\$21,600 - \$26,720 \$21,600 - \$30,560
	2 bedroom	\$676	7	2 People 3 People 4 People	\$25,783 - \$30,560 \$25,783 - \$34,360 \$25,783 - \$38,160
3 bedroom		\$775	1	3 People 4 People 5 People 6 People	\$29,829 - \$34,360 \$29,829 - \$38,160 \$29,829 - \$41,240 \$29,829 - \$44,280
50% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴
	Studio	\$670	1	1 Person	\$25,303 - \$33,400
1 bedroom		\$720	8	1 Person 2 People	\$27,155 - \$33,400 \$27,155 - \$38,200
	2 bedroom	\$870	7	2 People 3 People 4 People	\$32,435 - \$38,200 \$32,435 - \$42,950 \$32,435 - \$47,700
3 bedroom		\$1,000	1	3 People 4 People 5 People 6 People	\$37,543 - \$42,950 \$37,543 - \$47,700 \$37,543 - \$51,550 \$37,543 - \$55,350
60% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴
	Studio	\$822	2	1 Person	\$30,515 - \$40,080
1 bedroom		\$882	28	1 Person 2 People	\$32,709 - \$40,080 \$32,709 - \$45,840
	2 bedroom	\$1,065	20	2 People 3 People 4 People	\$39,120 - \$45,840 \$39,120 - \$51,540 \$39,120 - \$57,240
3 bedroom		\$1,224	1	3 People 4 People 5 People 6 People	\$45,223 - \$51,540 \$45,223 - \$57,240 \$45,223 - \$61,860 \$45,223 - \$66,420
90% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴
	Studio	\$996	1	1 Person	\$36,480 - \$60,120
1 bedroom		\$1,254	1	1 Person 2 People	\$45,463 - \$60,120 \$45,463 - \$68,760
	2 bedroom	\$1,511	1	2 People 3 People 4 People	\$54,412 - \$68,760 \$54,412 - \$77,310 \$54,412 - \$85,860
3 bedroom		\$1,740	1	3 People 4 People 5 People 6 People	\$62,915 - \$77,310 \$62,915 - \$85,860 \$62,915 - \$92,790 \$62,915 - \$99,630
120% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴
	2 bedroom	\$1,706	7	2 People 3 People 4 People	\$61,098 - \$91,680 \$61,098 - \$103,080 \$61,098 - \$114,480
3 bedroom		\$1,965	6	3 People 4 People 5 People 6 People	\$70,629 - \$103,080 \$70,629 - \$114,480 \$70,629 - \$123,720 \$70,629 - \$132,840

¹ Tenant pays electricity. ² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria. ³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change. ⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How do you Apply?

Apply online or through mail. To apply online, please go to: www.nyc.gov/housingconnect. To request an application **by mail, send a self-addressed envelope to: Creston Burnside c/o Cornell Pace Inc. 542 Main Street 3rd Floor, New Rochelle, NY 10801**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **May 21, 2018**. Late applications will not be considered.

What happens after you submit an application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español	Presente una solicitud en línea en nyc.gov/housingconnect . Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: Creston Burnside c/o Cornell Pace Inc. 542 Main Street 3rd Floor, New Rochelle, NY 10801 . En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 21 de mayo 2018 .
简体中文	访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版, 请将您的回邮信封寄送至: Creston Burnside/ c/o Cornell Pace Inc. 542 Main Street 3rd Floor, New Rochelle, NY 10801 . 信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 2018年5月21日 。
Русский	Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect . Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу Creston Burnside/ c/o Cornell Pace Inc. 542 Main Street 3rd Floor, New Rochelle, NY 10801 . На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 21 мая 2018 .
한국어	nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 봉투를 Creston Burnside/ c/o Cornell Pace Inc. 542 Main Street 3rd Floor, New Rochelle, NY 10801 으로 보내주세요. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주세요. 2018년5월21일 까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.
Kreyol Ayisyien	Aplike sou entènèt sou sitwèb nyc.gov/housingconnect . Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: Creston Burnside/ c/o Cornell Pace Inc. 542 Main Street 3rd Floor, New Rochelle, NY 10801 . Nan dèyè anvlòp la, ekri mo "HAITIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat me 21, 2018 .
العربية	للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف إلى Creston Burnside/ c/o Cornell Pace Inc. 542 Main Street 3rd Floor, New Rochelle, NY 10801 . إحمل اسمك وعنوانك إلى: 21 مايو 2018 . إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 21 مايو 2018 . اكتب باللغة الإنجليزية كلمة "ARABIC".

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer • HDC President Eric Enderlin



Metro's 2018 MLB season preview

Predicting the best of the best Major League Baseball will have to offer in 2018.



JOE PANTORNO
joseph.pantorno@metro.us

There's a song written by Emerson, Lake & Palmer back in 1973 that I always attribute the start of a new Major League Baseball season to.

Titled "Karn Evil 9: 1st Impression, Part 2," the song opens with the line: "Welcome back, my friends. To the show that never ends. We're so glad you could attend! Come inside! Come inside!"

It just screams baseball to me.

Ever since we've had access to every song in the world at our fingertips (thank you, in-

ternet), I've played this track on Opening Day. It's the only time I listen to it during the calendar year before I place the words and lyrics back into the various cortexes of my brain for it to get dusted off again the following spring.

In my own little world, I feel like I'm doing my part to ensure that this song remains relevant 45 years after its release; providing a rejuvenation of sorts to the work.

And in a way, that's what baseball does to us. It rejuvenates us.

Nothing ushers in spring quite like Opening Day. After hiding away from winter, baseball allows us the opportunity to throw the shades open, let in the sunlight and revert back to our youth, regardless of how long ago it's been.

It can warm the

oldest, curmudgeonly bones. Bones that even belong to White Sox or Marlins fans; teams destined to be in the cellar of the standings this year.

A new year — Major League Baseball's 150th season — starts up on Thursday afternoon despite a looming threat of rain here in the Northeastern portion of the United States. At this very moment, we are precariously perched for a memorable summer of dizzying divisional races, emerging stars and established legends captivating us for the better part of eight months.

While we here at Metro send you our warmest regards for a happy, healthy baseball season, I attempted to predict what the landscape of the league will look like once the dust settles in October.

Play ball.

2018 MLB AWARD WINNERS

NL CY YOUNG- CLAYTON KERSHAW

2018 PROJECTED STATS

20-6
2.52 ERA
220 K's



AL CY YOUNG- CHRIS SALE

2018 PROJECTED STATS

18-8
2.97 ERA
272 K's



NL MVP- NOLAN ARENADO

2018 PROJECTED STATS

.298 BA
41 HR
103 RBI



AL MVP- MIKE TROUT

2018 PROJECTED STATS

.309 BA
43 HR
119 RBI



NL

ROOKIE OF THE YEAR

RONALD ACUNA
BRAVES SS



AL

ROOKIE OF THE YEAR

FRANCISCO MEJIA
INDIANS C



NL EAST

NATIONALS	96-66
METS	87-75
PHILLIES	82-80
BRAVES	70-92
MARLINS	63-99

AL EAST

YANKEES	95-67
RED SOX	93-69
BLUE JAYS	84-78
ORIOLES	77-85
RAYS	74-88

WILD CARD

METS def. CARDS
R. SOX def. ANGELS

ALDS

ASTROS def. R. SOX
YANKS def. INDIANS

NL CENTRAL

CUBS	93-69
CARDINALS	86-76
BREWERS	85-75
PIRATES	74-88
REDS	65-97

AL CENTRAL

INDIANS	94-68
TWINS	85-75
TIGERS	74-88
ROYALS	71-91
WHITE SOX	66-96

NLDS

NATS def. METS
DODGERS def. CUBS

ALCS

ASTROS def. YANKS

NL WEST

DODGERS	95-67
D'BACKS	83-79
GIANTS	81-81
ROCKIES	80-82
PADRES	78-84

AL WEST

ASTROS	102-60
ANGELS	88-74
ATHLETICS	82-80
MARINERS	81-81
RANGERS	79-83

NLCS

NATIONALS
def.
DODGERS

2018 WORLD SERIES



ASTROS def. NATIONALS



This New Bladder Control Pill May Replace Adult Diapers

Clinical studies show new pill may be effective enough to replace adult diapers for bladder control; initial users show dramatic reduction in trips to the bathroom, embarrassing leaking, and nighttime urgency.

Robert Ward,
Associated Health Press

AHP – Adult diaper sales are expected to plummet as results from a clinical trial on a new, patented bladder control pill have finally been released.

Sold under the brand name *UriVarx™*, the new pill contains key ingredients that keeps the bladder from releasing voluntarily, which reduces accidents and frequent bathroom trips.

Perhaps more impressive, it also targets the tiny muscles around the bladder, which helps the bladder to create a tighter seal.

This would explain why the average *UriVarx™* user in clinical trials experiences a 66% reduction in urinary incontinence symptoms, such as day and night leaking and sudden urges to urinate.

NEW DISCOVERY IN BLADDER CONTROL

Until now, doctors believed it was impossible to strengthen the muscles that control the bladder. They are amazed to see that it can now be done with the non-prescription *UriVarx™* pill.

“As you get older, and the involuntary muscles around your bladder weaken, you lose urinary control. With your bladder wall unable to properly seal, you constantly leak and feel pressure to urinate” explains Dr. Bassam Damaj of Innovus Pharmaceuticals.

“*UriVarx™* targets the bladder muscles and help restores vital kidney health, reducing urgency and frequency. It also helps you “hold it” for hours so you never have to worry about embarrassing accidents ever again!”

FREEDOM FROM SUDDEN URGES AND LEAKS

Since hitting the market, sales for the patented *UriVarx™* pill have soared and there are some very good reasons why.

To begin with, the double blind large clinical studies published in the clinicaltrials.gov have been impressive. Participants taking *UriVarx™* saw a **stunning reduction** in urinary frequency, which resulted in fewer bathroom trips both day and night.

They also experienced a **dramatic decrease** in incontinence episodes, such as leaking and bed wetting.

The active ingredients in *UriVarx™* comes from a patented formula. It is both safe and healthy. There are also no known serious side effects in its history of use.

Scientists believe that the ingredients target the muscles of the bladder to grow stronger. These muscles are responsible for keeping the bladder tightly sealed. They also help the bladder to completely empty, allowing bacteria to be flushed from the urinary tract.

Research has shown that as you get older, certain hormonal changes in the body cause these muscles to shrink and become loose. This is what causes the bladder to be over active and the resulting urine accidents and why *UriVarx™* seems to be so effective in the published clinical trials.

EXCITING RESULTS FROM URIVARX USERS

Many *UriVarx™* users say their bladders have never been stronger. For the first time in years, they are confident and in complete control. Adult pads and diapers are no longer a big worry.

“After my third child, I couldn’t control my bladder. I was running to the bathroom all the time! And once I hit my 60s it became so unpredictable I needed to wear adult pads every day” explained Marie L. of Danbury, CT.

“I was embarrassed so before going to my doctor I decided to try *UriVarx* and I’m so glad I did! The urgency is gone and I no longer feel like my bladder is about to explode. I can also “hold it” when I need to so I’m no longer living in constant fear of finding a bathroom.”

IMPRESSIVE CLINICAL RESULTS

The exciting clinical results published on the government clinical website clinicaltrials.gov show that *UriVarx™* can strengthen your bladder fast, significantly reducing the urine urgency and leaks.

In a new double-blind, placebo-controlled clinical study, 142 men and women with bladder control issues were separated into two groups. The first group was given a placebo while the other received *UriVarx™*.

The results were incredible. The participants who received *UriVarx™* saw major improvements in leaking, pressure, and the urgency to go – all without the usual side effects seen in prescription drugs! They also reported fewer trips to the bathroom both day and night.

Overall, the *UriVarx™* group experienced:

- 56% Reduction in Urge Incontinence
- 66% Reduction in Stress Incontinence
- 61% Reduction in Urgency
- 33% Reduction in Frequency
- 46% Reduction in Nighttime Bathroom Trips

Additionally, at the end of clinical trial and after seeing the results, **84% of the participants taking *UriVarx™* said it significantly improved their quality of life.**

“The clinical findings are incredible, but people still wonder if it will really work” explains Dr. Bassam Damaj. “It’s normal to be skeptical, but we’ve seen thousands of *UriVarx™* users get results exactly like the participants in the study. It’s an amazing product.”

HOW IT WORKS

UriVarx™ is a pill that’s taken just once daily. It does not require a prescription.

The active ingredients are patented natural extracts.

Research shows that as we get older, the muscles which surround the bladder weaken. This is caused by hormonal changes in the body that causes the muscles to atrophy and weaken.

When they become too small and weak, they cannot seal your bladder shut, which causes leaking, accidents, among other incontinence symptoms.



NEW PILL MAY REPLACE DIAPERS FOR BLADDER CONTROL: This new patented clinically proven pill solution is now available nationwide

It also prevents your bladder from fully emptying, which can result in persistent bacterial infections and UTIs.

UriVarx's™ active ingredient targets the muscles around the bladder, making them stronger. Supporting ingredients in *UriVarx™* support kidney function and overall urinary health.

BLADDER PROBLEMS GONE

With daily use, *UriVarx™* can restore strong bladder control and help users overcome leakage without the negative side effects or interactions associated with drugs.

Leakage sufferers can now put an end to the uncontrollable urges, the embarrassing accidents, and enjoy an entirely new level of comfort and confidence.

HOW TO GET URIVARX IN NEW YORK

This is the official release of *UriVarx™* in New York. As such, the company is offering a special discounted supply to anyone suffering from bladder issues who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all New York residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free Hotline number is 1-800-723-9809 and will only be open for the next 48 hours. Only a limited discounted supply of *UriVarx™* is currently available in your region.

McCown gets Jets starting QB nod, Teddy's knee still in question

Lingering concerns about Teddy Bridgewater's health has the Jets relying on the veteran quarterback.



JOE PANTORNO
joseph.pantorno@metro.us

The New York Jets quarterback picture is already set and we're still

in March.

On Tuesday, head coach Todd Bowles announced that veteran passer Josh McCown will be the team's No. 1 option with newly-acquired Teddy Bridgewater backing him up.

"Josh will go into it as the starter," Bowles said via ESPN's Rich Cimini. "By the end of training camp, we'll see who the starter is."

McCown was brought back on a one-year extension by the Jets this offseason after captaining the offense during a surprisingly decent 2017 season.

With a lack of truly headlining offensive weapons, the 38-year-old went 5-8 as a starter, passing for a career-high 2,926 yards with 18 touchdowns while completing 67.3 percent of his passes before a broken hand ended his season early.

It was unclear whether he would be brought back after becoming a free agent as the Jets made their intentions



Todd Bowles named Josh McCown the Jets No. 1 quarterback. GETTY IMAGES

of pursuing free-agent quarterback Kirk Cousins known. But when Cousins signed with the Minnesota Vikings, the pieces fell into place.

New York signed Bridgewater to a one-year deal before bringing McCown back.

The former Viking has plenty to prove this season after a dislocated knee and torn ACL derailed his NFL development. After putting up a Pro Bowl campaign in 2015 where he was expected to be Minnesota's man under center for

the foreseeable future, the 25-year-old has attempted just two passes over the last two years.

It is still unclear if he has a clean bill of health, too. Vikings head coach Mike Zimmer admitted that Bridgewater still might need some time before he is truly 100 percent, which would eliminate any sort of competition for the starting quarterback job.

"The reports I'd get back from the medical people weren't as positive as I was about it," Zimmer said of his time monitoring Bridgewater's recovery last year in Minnesota, via ESPN.com's Courtney Cronin. "That's kind of how it came down is that his knee wasn't as... aHe still has some recovery to do."

This kind of uncertainty makes the possibility of the Jets drafting a quarterback with the No. 3 selection even greater now in order to maintain a true backup behind McCown.

MEDICAL RESEARCH

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Giants HC Shurmur expects OBJ at OTA's

Odell Beckham Jr. and New York Giants fans' heads might still be spinning after what turned into a hectic Monday.

After reports surfaced that the star wide receiver was ready to hold out until he was given a new long-term contract extension, his name suddenly

became the headliner of trade talks around the NFL.

Beckham is entering the final year of his rookie contract, making \$8.5 million in his fifth-year option. Despite his electrifying play on the field, his demeanor while in uniform and actions off the field have not sat well with the Giants.

New York and the Los Angeles Rams have already had talks about a deal involving Beckham and his sudden availability would likely allow the Giants to host an abundance of offers from a majority of teams around the league.

The Rams are willing to part with their 23rd-overall pick in this year's draft as a part of a package for Beckham.

For new Giants head coach Pat Shurmur though, he isn't paying much mind to the swirling rumors that have suddenly engulfed his team.

Instead, he's expecting to see No. 13 back in blue and attending team activities in April, which would be his first action with the team since an ankle injury cut his 2017 short after just four games.

"All reports are he will be ready to go as we get going," Shurmur said (h/t Rob Maadi, Associated Press). "There are steps he has to take. All indications are he will be back healthy by the time we start playing in September."

That's health-wise. But what about these sudden trade rumors?

"That's another way of saying we're going to try to do everything we can to make our team better," Shurmur said. "I understand that. It's sort of refreshing to know that we're going to look under any rock and turn over every stone that we can to make sure we make the New York

football Giants the best team we can make it."

At the end of the day though, Shurmur is facing the possibility of losing a receiver who has put up the most prolific numbers in NFL history through the first three years of his career.

"We always want weapons. He's been an outstanding player," Shurmur said. "We want really, really good players. We want guys who are passionate about playing the game. We want guys that understand the importance of relationships, which means they want

to be coached. And we want guys that understand what it is to be a good teammate."

JOE PANTORNO



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will hold a Public Hearing on
Wednesday, April 18, 2018 At
2:00 p.m. at 42 Broadway, 5th
floor on a petition for EGS, LLC to
establish, maintain, and operate an
unenclosed sidewalk cafe at 517
Columbus Ave. in the Borough of
Manhattan for a term of two years.

REQUEST FOR COPIES OF THE REVOCABLE
CONSENT AGREEMENT MAY BE ADDRESSED
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NEW YORK, NY 10004.

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NOTICE IS HEREBY GIVEN,
PURSUANT TO LAW, that the NYC
Department of Consumer Affairs
will hold a Public Hearing on
Wednesday, April 18, 2018 At
2:00 p.m. at 42 Broadway, 5th floor
on a petition for SA Third Ave Cafe
LLC to establish, maintain, and
operate an unenclosed sidewalk cafe
at 1136 3rd Ave. in the Borough of
Manhattan for a term of two years.

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CONSENT AGREEMENT MAY BE ADDRESSED
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Booth #108, New York, NY 10022. New
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LLC d/b/a Roberta's.

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(4/1/18 - 11/30/18) has been
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Control Law at 76 Varick St.,
New York, NY 10003. New
York County, for on-premises
consumption. Grupo Gitano, LLC.

LEGAL NOTICES

NOTICE OF FORMATION
of NEW EDIT LLC. Arts. of
Org. filed with the Secy. of
State of New York (SSNY) on
03/09/2018. Office location:
New York County. SSNY is
designated as agent of LLC
upon whom process against
it may be served. SSNY shall
mail process to the LLC to
registered agent c/o Giovanni
Turchet, 240 Madison Ave.,
3rd Fl., New York, NY 10016.
Purpose: any lawful activity.

NOTICE IS HEREBY GIVEN,
PURSUANT TO LAW, that the NYC
Department of Consumer Affairs will
hold a Public Hearing on Wednesday
April 18, 2018 at 2:00 p.m. at
42 Broadway, 5th floor on a petition
for Panino Rustico II Corp. to
establish, maintain, and operate an
unenclosed sidewalk cafe at 5801
Avenue N in the Borough of Brooklyn
for a term of two years.

REQUEST FOR COPIES OF THE REVOCABLE
CONSENT AGREEMENT MAY BE ADDRESSED
TO: DEPARTMENT OF CONSUMER AFFAIRS,
ATTN: FOIL OFFICER, 42 BROADWAY,
NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN,
that a license, Number Pending,
for Beer, Wine, Cider & Liquor
has been applied for by the
undersigned to sell Beer, Wine,
Cider & Liquor at retail in a
Restaurant under the Alcohol
Beverage Control Law at 200
Vesey Street - Store #199,
New York, NY 10281. New
York County, for on-premises
consumption. SABF LLC d/b/a
Sant Ambrosius.

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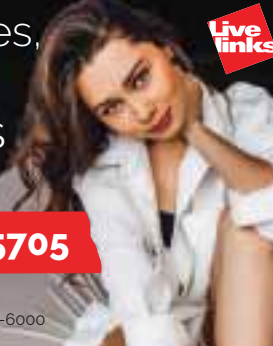
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Across

- 1 Witty remark
5 Magna – laude
8 Knight's wife
12 You, once
13 Santa – winds
14 Famous last word
15 Scattered
16 Water channel
18 Round container
20 Warden's fear
21 Subside
22 Blitzer's network
23 Book jacket ad
26 Acrophobe's dread
29 Shaggy beasts
30 Vault's aid
31 Memorable decade
33 Summer in Savoie
34 Clout
35 Foray
36 Fly the coop
38 Sweet treat
39 Drakes and ganders
40 Itch
41 Knock – – loop

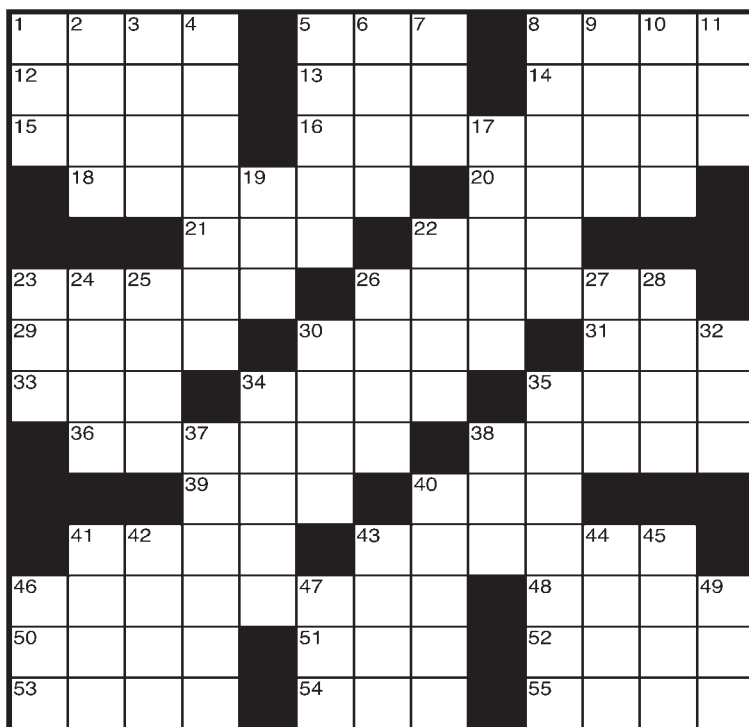
- 43 "Amadeus" subject
46 Driver's protection (2 wds.)
48 Cat call
50 Gossip tidbit
51 Nocturnal bird
52 Reed instrument
53 Sash filler
54 – Enterprise
55 Garden green

DOWN

- 1 Amts. of oil
2 Yikes! (hyph.)
3 Waterloo locale
4 Drop-kickers
5 Imitation chocolate
6 PC operating system
7 Dallas cager
8 Full of bravery
9 Lectern
10 Bump into

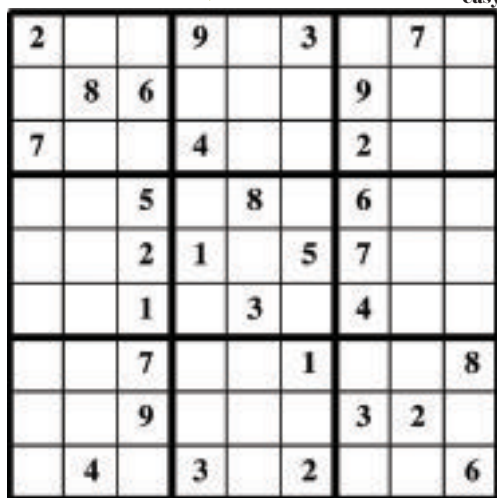
- 11 Conclude
17 Tennessee – Ford
19 Consumer org.
22 Honeycomb unit
23 So long!
24 Overdue
25 Hula accompaniment
26 Pit
27 Aim toward
28 Math course
30 Wolf young
32 Citrus cooler
34 Joyous outburst
35 Go nuts (2 wds.)
37 Auto trim
38 Felt cap
40 Utters a dismal cry
41 Crumbly cheese
42 Portent
43 Gulleets
44 "Fancy" singer
45 Implement
46 Back talk
47 Mr. Gehrig
49 Itty-bitty

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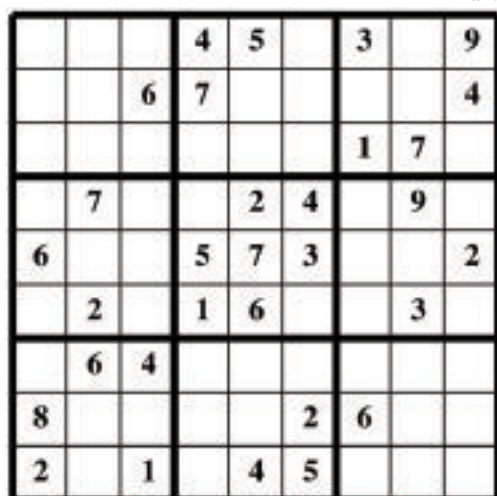


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easy



hard



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Aries Be aware of what everyone around you is doing. Don't share your personal secrets or anything that may be used against you. Protect, reflect and pinpoint your goal.



Taurus Take the past into account. The experience you have had will help you avoid making the same mistake again. Don't share secrets or get involved in other people's affairs.



Gemini The things you do for others should be carried out with no expectation of recompense. Genuine generosity will be satisfying and will eventually lead to an surprise.



Cancer Make creative endeavors your priority, and spend less time discussing other people's private affairs. If someone has trusted you with information, keep it to yourself.



Leo Helping someone in need or a cause you believe in will make you feel good and give you a better understanding of how you can use your skills to make a difference.



Virgo Keep a close watch over what others do and say. You'll be surprised by the lack of honesty and integrity shown by someone. Don't leave anything to chance.



Libra Don't lose out because you aren't informed. It's up to you to ask questions and sort through any reading material. Read the fine print before making a commitment.



Scorpio A change at work will allow you to take advantage of one of your skills that you'd like to use more. Don't be shy; let others know what you have to offer.



Sagittarius Pour your heart out to someone you care about. Your words and gestures will make a difference that will change the dynamics of a relationship. Honesty is encouraged.



Capricorn Joint money ventures are discouraged. Someone will withhold information to avoid looking bad. Emotional tactics will distract you. Don't share personal information.

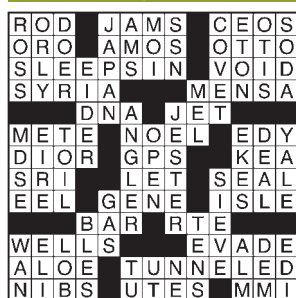


Aquarius Getting together with someone you haven't seen in a long time will bring back fond memories. Consider resurrecting an old plan with a new twist.



Pisces Trust in what's tangible. Make sure you have evidence to back up your views before you get into a discussion with someone who tends to be manipulative. **EUGENIA LAST**

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